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Does your water inspire you?

You probably already recognize that drinking from glass water bottles can be better for you and for the environment, but did you know that the experience can also be transformative for you and those around you?

Allow us to explain: Going green isn't just one action; it's a way of living that is healthier for you and for the planet. By choosing My Own Bottle, you're taking ownership in transforming the world around you and improving your own health. And the best part? My Own Bottle belongs to you. It's a tangible reminder of your commitment to making a positive change for yourself and for the environment, and its etched words serve as a visual reminder of an idea that is meaningful to you.

At My Own Bottle, we believe in the power of words and their impact on the world around us. Words influence how we think and act, and they have the ability to affirm, inform, and reform. With that concept in mind, we set out to create a water bottle that would inspire its drinkers using impactful words etched right into the glass.

Our beautiful, reusable glass bottles are imported from Italy and hand-etched in the USA with powerful messages, expressions, or thoughts meant to charge you and your water with positive energy. We offer a selection of available expressions to choose from, as well as customized bottles that reflect the idea or message of your preference. You'll also love the convenience of My Own Bottle: bottles are dishwasher-safe or can be hand-washed, and are perfect for storing in the refrigerator at home, in your car, or on your desk at work.

If your water doesn't inspire you, it should. Refill your bottle often and be inspired with My Own Bottle.

Go Green With Glass

Why choose a glass water bottle over plastic? It allows you to sip colder and more pure-tasting water, looks sleek and elegant, and is thicker and sturdier than plastic. Glass is also better for the planet: made from all-natural, sustainable raw materials, glass is 100% recyclable and can be reused endlessly. Plus, glass is just as portable as plastic, so you can take your bottle virtually anywhere!

Here are a few more reasons why glass is better than plastic for the environment and for you:

For The Environment

- Roughly 2.7 million tons of plastic are used each year worldwide for disposable drinking bottles. Less than 1% of all plastic is recycled, meaning 99% of plastics are incinerated or end up in a landfill.
- Americans buy an estimated 29.8 billion plastic water bottles every year, and nearly 8 out of every 10 bottles will end up in a landfill. Once there, it takes over 500 years for plastic bottles to break down.

- It is estimated that the production of plastics accounts for 4% of the energy consumption in the United States. Plastic is bad for our Earth, and uses up valuable resources!
- Glass is the only packaging material generally regarded as safe by the U.S. Food & Drug Administration. Glass is made from all-natural, sustainable raw materials, is 100% recyclable, and can be recycled endlessly with no loss in quality or purity.

For more information please visit:

- <http://storyofbottledwater.org>
- <http://www.msnbc.msn.com/id/5279230/>
- <http://www.reusablebags.com/facts.php?id=18>
- <http://earth911.com/recycling/plastic/plastic-bottles/facts-about-plastic-bottles/>

For You

- Glass, unlike some plastic bottles, does not contain any harmful chemicals such as BPA, phthalate, PVC, or polycarbonate, so nothing can leach into your water from a glass bottle.
- Plastics made from polycarbonate resin can leach bisphenol-A (BPA), a strong endocrine disrupter, into its contents. Studies suggest that BPA may negatively affect reproductive organs, such as the breasts and prostate, as well as causing potential heart problems.
- You can save money and Earth's resources by utilizing an eco-friendly, reusable, recyclable glass water bottle.
- Glass is taste-neutral, so no plastic or metallic taste will affect your beverage. Try our taste-test challenge: Sample various beverages from glass and plastic and let us know what you find out!
- You can safely refill your glass bottle as much as you want, and drinking the recommended daily intake of water means a healthier you.

For more information please visit:

- <http://www.breastcancerfund.org/site/pp.asp?c=kwKXLdPaE&b=2638145>
- <http://www.ecomall.com/greenshopping/greenfeet7.htm>
- http://www.eurekalert.org/pub_releases/2005-04/fccc-cip041405.php
- <http://www.reuters.com/article/idUSTRE60C0AR20100113>

Imagine a better planet and a better you with My Own Bottle!

Custom Bottles

What would your bottle say, and what does it mean to you?

At My Own Bottle, we set out to create a water bottle that would inspire its drinkers using impactful words etched into the glass. Our beautiful, reusable glass bottles are imported from Italy and hand-etched in the USA with powerful messages, expressions, or thoughts meant to charge you and your water with positive energy. In addition to our available selection of etched words (Peace, Gratitude,

Namaste, Believe, Inspire), we also offer custom bottles that showcase the idea or message of your preference.

Custom bottles are perfect for expressing appreciation to someone special or commemorating an important event. They are also great for branding your company's image and reputation to potential customers by displaying your name or logo. Or, they can reveal your own personal inspiration with a special word or phrase. No matter what the message, custom bottles make a wonderful gift or purchase for any occasion!

Remember, all our bottles are dishwasher-safe or can be hand-washed, and are perfect for storing in the refrigerator at home, in your car, or on your desk at work. Contact us today for information on ordering custom bottles!

Shopping Cart

By ordering from My Own Bottle you'll feel confident that you're being a better steward of our planet and doing your part to make a difference for future generations. We offer a selection of available expressions to choose from (Peace, Gratitude, Namaste, Believe, Inspire), as well as customized bottles that reflect the idea or message of your preference. Order your bottle today, or visit our Contact page for more information!

Contact

We welcome any comments, questions, or feedback about My Own Bottle.

You may also submit requests for multiple orders and/or custom bottles [here](#).